

Phone Communication - Privacy Policy for Resilience Therapy

Effective Date: 1/1/2025

At Resilience Therapy ("we," "us," or "our"), we are committed to respecting your privacy and protecting your personal information. This Privacy Policy explains what information we collect, how we collect it, how we use it, and your rights regarding your information, in compliance with CTIA guidelines and applicable Washington State privacy laws.

Information We Collect

We may collect the following types of information from you:

- **Personal Information:** This includes your name, email address, phone number, and mailing address when you voluntarily provide it.

How We Collect Information

We collect your information directly from you or through third-party referrals on your behalf.

Purpose of Collecting Your Information

We use your information for various purposes, including:

- To communicate with you, which includes sending updates, marketing communications, and responding to your inquiries.
- To process transactions and send you related information.
- To comply with legal obligations and protect legal rights.

Information Sharing and Disclosure

We do not sell your personal information. However, we may share your information in the following circumstances:

- **With Service Providers:** We may share your information with third-party service providers who perform functions on our behalf.
- **Legal Compliance:** We may disclose your information if required by law or in response to valid requests by public authorities.
- **Business Transfers:** In the event of a merger, acquisition, or sale of all or a portion of our assets, your information may be transferred.

Opt-Out of Communications

If you wish to opt out of receiving communications from us, simply reply back with "STOP."

Requests for More Information or Changes to Your Information

If you have any questions about our privacy practices or wish to request changes to your information, please contact Resilience Therapy at (509)416-5091 or email us at resiliencetherapy@medofficemail.com.

We encourage you to review this Privacy Policy periodically to stay informed about how we are protecting your information. Thank you for choosing Resilience Therapy!